

Sweet Potato and Black Bean Chili

"This hearty vegetarian chili includes roasted sweet potatoes and black beans, along with spicy, flavorful seasonings such as chili powder, jalapenos, and cocoa powder."

INGREDIENTS:

4 pounds orange-fleshed sweet potatoes , peeled and cut into cubes
1 teaspoon ground dried chipotle pepper 1 teaspoon salt
1/4 cup olive oil, divided
2 onion, diced
8 cloves garlic, minced
2 red bell pepper, diced
2 jalapeno pepper, sliced
1/4 cup ancho chile powder, or to taste 2 tablespoons ground cumin
1/2 teaspoon dried oregano
2 (28 ounce) cans diced tomatoes 2 cups water, or more as needed 2 tablespoons cornmeal
2 teaspoons salt, or to taste
2 teaspoons white sugar
2 teaspoons unsweetened cocoa powder
4 (15 ounce) cans black beans, rinsed and drained
2 pinches cayenne pepper, or to taste 1 cup sour cream, for garnish (optional)
1/2 cup chopped fresh cilantro, for garnish (optional)

DIRECTIONS:

2 (28 ounce) cans diced tomatoes 2 cups water, or more as needed 2 tablespoons cornmeal
2 teaspoons salt, or to taste
2 teaspoons white sugar
2 teaspoons unsweetened cocoa powder
4 (15 ounce) cans black beans, rinsed and drained
2 pinches cayenne pepper, or to taste 1 cup sour cream, for garnish (optional)
1/2 cup chopped fresh cilantro, for garnish (optional)
You have scaled this recipe's ingredients to yield a new amount (8). The directions below still refer to the original recipe yield (4).
1. Preheat oven to 400 degrees F (200 degrees C). Line a baking sheet with parchment paper or a silicone baking mat.
2. Combine sweet potatoes, chipotle pepper, 1/2 teaspoon salt, and 1 tablespoon olive oil in a large bowl and toss to coat. Spread sweet potatoes on the prepared baking sheet in a single layer.
3. Roast sweet potatoes in the preheated oven until the outside is crunchy and inside is tender, 20 to 25 minutes. Allow to cool to room temperature.
4. Cook and stir remaining 1 tablespoon olive oil, onion, garlic, red bell pepper, jalapeno pepper, ancho chile powder, cumin, and dried oregano together in a large pot or Dutch oven over medium heat. Cook and stir until onion is softened, about 5 minutes.
5. Pour tomatoes and water into the onion mixture and bring to a simmer. Add cornmeal, 1 teaspoon salt, sugar, and cocoa powder. Bring to a simmer, stirring constantly, reduce heat to low and simmer for 30 minutes.
6. Stir black beans and cooled sweet potatoes into the onion-tomato mixture. Add more water if mixture is too thick. Simmer until heated through, about 15 minutes. Season with salt and cayenne pepper to taste. Serve topped with sour cream and cilantro.